

# MENU



## BREADS

### GARLIC BAGUETTE FULL \$11 | HALF \$6

Baguette, garlic butter & oven baked

### CHEESY GARLIC BAGUETTE FULL \$15 | HALF \$8

Baguette, garlic butter, topped with cheese & oven baked

### CHEESY GARLIC & BACON BAGUETTE FULL \$18 | HALF \$10

Baguette, garlic butter, topped with cheese, bacon & oven baked

### ITALIAN BRUSCHETTA \$19

Toasted garlic baguette topped with diced tomatoes, red onion, basil, olive oil, parmesan & balsamic glaze

## STARTERS

### CRUMBED PRAWN CUTLETS \$17

Crumbed king prawns served with tartare sauce & a wedge of lemon

### CREAMY GARLIC PRAWNS \$18

Pan fried prawns finished with garlic cream sauce served on a bed of rice

### SATAY CHICKEN TENDERLOINS \$16

Chicken tenderloin pieces with a spicy peanut satay sauce on a bed of rice

### VEGETABLE SPRING ROLLS \$15

Five (5) vegetable combination of cabbage, onion, carrots in a crispy pastry served with a sweet chilli dipping sauce

### PANKO CRUMBED CALAMARI \$16

Tender calamari, panko crumbed with tartare sauce & a wedge of lemon

### ONION RINGS \$14

Classic crispy battered onion rings

## SALADS

### CAESAR SALAD \$19

Fresh cos lettuce, croutons, bacon shards, boiled egg with a creamy dressing topped with parmesan

### AVOCADO SALAD \$19

Fresh sliced avocado, garden salad mix, cherry tomatoes, red onion, cucumber with a herb & garlic dressing

### THAI MANGO SALAD \$21

Tender beef coated in Thai spices, pan fried with crispy lettuce, cherry tomatoes, grated carrot, red onion, noodles & a special Thai dressing

**Add chicken or prawns to any salad \$7**  
**All salads available dairy free on request**

## SEAFOOD

### OCEAN CAUGHT BARRAMUNDI \$29

The best from the sea. Saltwater barramundi fillet simply grilled or crumbed & served with chips & salad, tartare sauce & a wedge of lemon

### GRILLED BARRAMUNDI BONANZA \$34

A Club favourite - grilled saltwater barramundi fillet topped with creamy garlic prawns & served with creamy mash & seasonal steamed vegetables or chips & salad

### CRISPY BATTERED FLATHEAD \$26

Pacific caught crispy battered flathead fillets served with chips & salad, tartare sauce & a wedge of lemon

### ATLANTIC SALMON FILLET \$34

Pan seared oven baked Atlantic salmon served with creamy mash & vegetables or chips & salad & a wedge of lemon

### CLASSIC FISHERMAN'S CATCH \$28

Battered cod, crumbed sea bites, crumbed prawn cutlets, calamari rings, served with chips, salad, tartare sauce & a wedge of lemon

### CREAMY GARLIC PRAWNS \$28

Pan fried prawns finished with garlic cream sauce served on a bed of rice

## CHICKEN CLASSICS

### CHICKEN SCHNITZEL \$25

Panko crumbed breast & shallow fried until golden, served with creamy mash & vegetables or chips & salad with your choice of sauce

### CHICKEN PARMIGIANA \$27

Panko crumbed breast & shallow fried until golden, topped with ham, napoli sauce & mozzarella cheese, served with creamy mash & vegetables or chips & salad

Add sliced avocado \$2

### CHICKEN SCALLOPINI \$26

Free range marinated & pan fried tender chicken fillets, finished with sliced button mushrooms, parsley & cream. Served with creamy mash & vegetables or chips & salad

### JAPANESE KATSU CURRY \$26

Panko crumbed chicken breast served with a traditional Japanese curry sauce & steamed rice

CHEF'S DAILY DIGITAL SPECIALS BOARD ALSO AVAILABLE  
CHECK OUT TODAY'S SELECTIONS AT GEEBUNG RSL

## PASTA & NOODLES

### RED PESTO SPAGHETTI \$19

Red pesto sauce with capsicum & sun dried tomatoes tossed with spaghetti pasta, spinach & parmesan

Add chicken or prawns \$7 Dairy free available on request

### FETTUCINE CARBONARA \$25

Classic silky & creamy blend of egg, parmesan, smokey bacon tossed through fettuccine & dressed with a drizzle of olive oil & shaved parmesan Add chicken or prawns \$7

### SPAGHETTI BOLOGNESE \$21

Lean beef slow cooked with tomatoes & garlic cooked the traditional Italian way, served with spaghetti pasta, topped with shaved parmesan

### ASIAN STIR FRY \$21

An array of seasonal & colourful stir fry vegetables tossed with hokkien noodles & Chefs own special Asian sauce

Add chicken or prawns \$7. Dairy free & gluten free available on request

## GRILL & BBQ

### ARLO Queensland 100 Day Grain Fed Beef

ARLO cattle roam under the clear blue skies and starry nights of Northern Queensland, foraging on native flora and fauna. Each cut of ARLO expresses the Australian terroir upon which it was raised. ARLO is beef of unmatched tenderness and flavour

### 200G ARLO EYE FILLET \$39

200g tenderloin steak pasture fed for extra flavour. Served with creamy mash & seasonal steamed vegetables or chips & salad. Cooked to your preference & served with your choice of sauce - Add a Topper!

### 250G ARLO RUMP \$34

Juicy 250g Arlo rump steak pasture fed for extra flavour. Served with creamy mash & seasonal vegetables or chips & salad. Cooked to your preference & served with your choice of sauce - Add a Topper!

### 300g ARLO RUMP \$38

Mouthwatering 300g Arlo rump steak pasture fed for extra flavour. Served with creamy mash & seasonal steamed vegetables or chips & salad. Cooked to your preference & served with your choice of sauce - Add a Topper!

### CRUMBED VICTORIAN LAMB CUTLETS \$39

Succulent spring lamb cutlets, tenderised & crumbed. Served with creamy mash & seasonal steamed vegetables or chips & salad. Cooked to your preference & served with your choice of sauce - Add a Topper!

### BBQ PORK RIBS

### FULL RACK \$40 | HALF \$25

American style slow cooked pork ribs served with Chef's smokey BBQ sauce. Served with creamy mash & seasonal steamed vegetables or chips & salad - Add a Topper!

Sauce selection - Gravy, Dianne, Pepper, Mushroom, Garlic Cream, Bearnaise, Aioli, Tomato or BBQ.

## TOPPERS

### MINI MIXED GRILL \$8

Bacon, egg, lamb rissole

### REEF TOPPER \$8

Five (5) garlic prawns in a garlic cream sauce

### ONION RINGS (5) \$6

## BURGERS

### NEWMAN DELUXE BEEF BURGER \$20

120g succulent grilled beef patty, beetroot, cheese, lettuce, tomato & caramelised onions on a Turkish bun with BBQ sauce & a side of chips

### COLLINGS PERI PERI CHICKEN BURGER \$20

Peri Peri chicken grilled to perfection, salad, mayo & cheese served on a Turkish bun with Peri Peri sauce & a side of chips

### MIGHTY STEAK SANDWICH \$20

Tender steak grilled to perfection with caramelised onions served with salad on a Turkish roll & BBQ sauce with a side of chips Dairy free bun available on request

### TURKISH MUSHROOM & CHICKPEA BURGER \$21

Field mushroom & chick pea patty grilled & served on a Turkish bun with salad & vegan chipotle mayo sauce with a side of chips

**Add bacon, a fried egg or pineapple to any burger or steak sandwich \$3 each**

## SIDES

### CREAMY MASH POTATO \$6

### SEASONAL STEAMED VEGETABLES \$8

### BOWL OF CHIPS \$8

### CRISPY BACON \$4

### FRIED EGG \$4

### EXTRA SAUCE \$2

## KIDS MEALS

### CHICKEN NUGGETS & CHIPS \$14

### CHEESEBURGER & CHIPS \$14

### FISH & CHIPS \$14

### SPAGHETTI BOLOGNESE \$14

### HAM & CHEESE PIZZA \$14

### STIR FRY VEGETABLES, NOODLES & ASIAN SAUCE \$14

Add chicken or prawns \$4

*All kids meals include ice cream & an activity pack*

## FANCY A PIZZA?

OUR DELICIOUS PIZZAS ARE LISTED OVER THE PAGE



Please note that while care is taken when catering to dietary requirements, there is a small risk that meals may come into contact with other ingredients whilst being prepared.

Please inform staff of any dietary requirements prior to ordering  
\*points rebate advertised is based on club tier only



# PIZZA



## GOURMET PIZZA

### CHICKEN & BRIE M \$21 L \$24

Tomato sauce, ham, mozzarella cheese, roasted chicken & brie with pesto

### SUPREME M \$21 L \$24

Tomato sauce, mushrooms, salami, onion, capsicum, pineapple, shredded ham & mozzarella cheese

### VEGETARIAN M \$19 L \$22



Tomato sauce, capsicum, olives, mushroom, onion, spinach & mozzarella cheese

### BBQ CHICKEN & BACON M \$21 L \$24

BBQ sauce, roasted chicken, crispy bacon, onion, mushrooms & mozzarella cheese

### GARLIC PRAWN M \$21 L \$24

Tomato sauce, plump prawns, ham, crushed garlic & mozzarella cheese

### ROASTED PUMPKIN & CHORIZO M \$21 L \$24

Tomato sauce, roasted pumpkin, sliced chorizo with mozzarella cheese & rocket leaves

*Gluten free base add \$4 (medium only)  
Vegan cheese add \$4*

## TRADITIONAL PIZZA

### BBQ MEAT LOVERS M \$18 L \$21

BBQ sauce, ham, pepperoni, bacon, salami & mozzarella cheese

### FLAME THROWER M \$18 L \$21

Tomato sauce, ham, pepperoni, salami, jalapeno, chilli & mozzarella cheese

### PEPPERONI M \$16 L \$19

Tomato sauce, pepperoni & mozzarella cheese

### HAWAIIAN M \$16 L \$19

Tomato sauce, ham, pineapple & mozzarella cheese

### MARGARITA M \$16 L \$19

Tomato sauce, tomato slices, basil & mozzarella cheese

### GARLIC PIZZA M \$13 L \$16



Garlic, olive oil, thyme & mozzarella cheese

*Gluten free base add \$4 (medium only)  
Vegan cheese add \$4*

Element Trading Hours  
Lunch 11:30am - 2:00pm  
Dinner 5:30pm - 8:00pm

#### Element Bookings

Online: [www.geebungrsl.com.au](http://www.geebungrsl.com.au)  
Phone: (07) 3265 3711

#### Function & Event Enquiries

Online: [www.geebungrsl.com.au](http://www.geebungrsl.com.au)  
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menu

